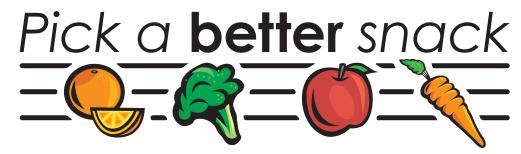


Peel. Eat.

(How easy is that?)



Funded by USDA's Supplemental Nutrition Assistance Program (Food Assistance in Iowa). For help buying healthy food, visit www.yesfood.iowa.gov. USDA is an equal opportunity provider and employer.